

 **FIRST**
LOVING GOD. OUR GREATEST
GOAL & PRIORITY

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LOVE
THE
LORD
WITH ALL YOUR



And you must love the Lord your God with all your heart, **all your soul**, all your mind, and all your strength.'

Mark 12:30 (NLT)

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O God, You are my God; I shall seek You earnestly; **My soul thirsts for You**, my flesh yearns for You, In a dry and weary land where there is no water. **2** Thus I have seen You in the sanctuary, To see Your power and Your glory. **3** Because Your lovingkindness is better than life, My lips will praise You. **4** So I will bless You as long as I live; I will lift up my hands in Your name. **5** **My soul is satisfied as with marrow and fatness**, And my mouth offers praises with joyful lips. **6** When I remember You on my bed, I meditate on You in the night watches, **7** For You have been my help, And in the shadow of Your wings I sing for joy. **8** **My soul clings to You**; Your right hand upholds me. **9** But those who seek my life to destroy it, Will go into the depths of the earth. **10** They will be delivered over to the power of the sword; They will be a prey for foxes. **11** But the king will rejoice in God; Everyone who swears by Him will glory, For the mouths of those who speak lies will be stopped.

Psalms 63 (NASB)

PSALM 63

the soul of David

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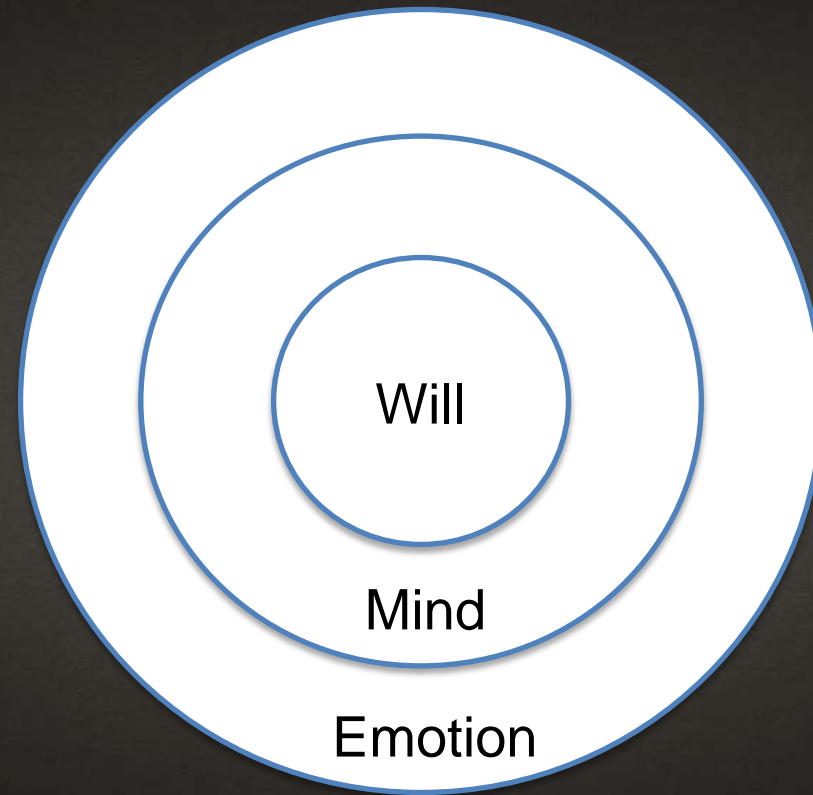
outer life



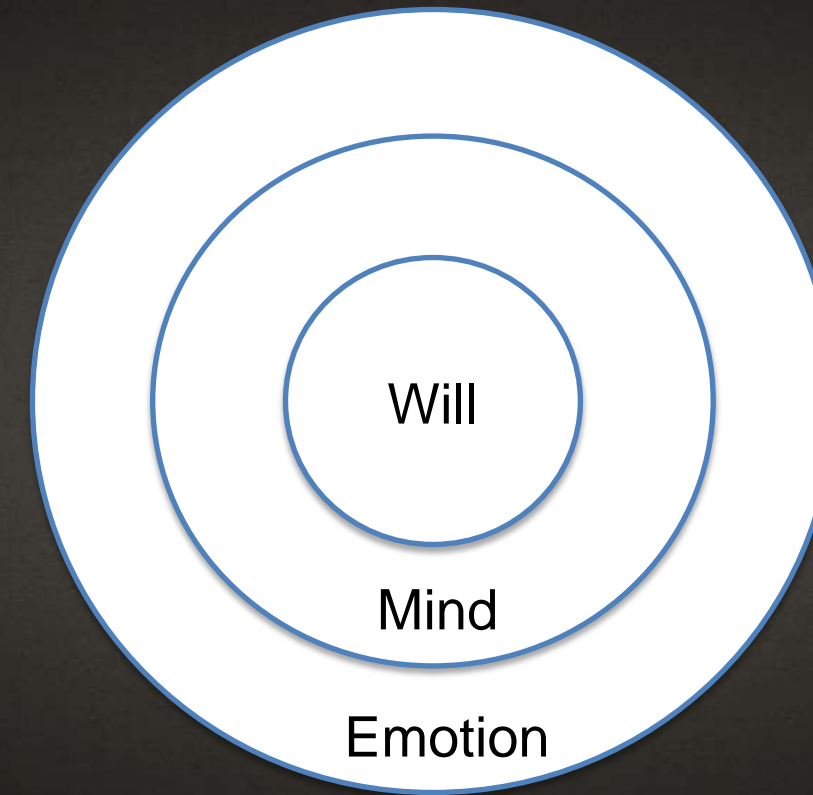


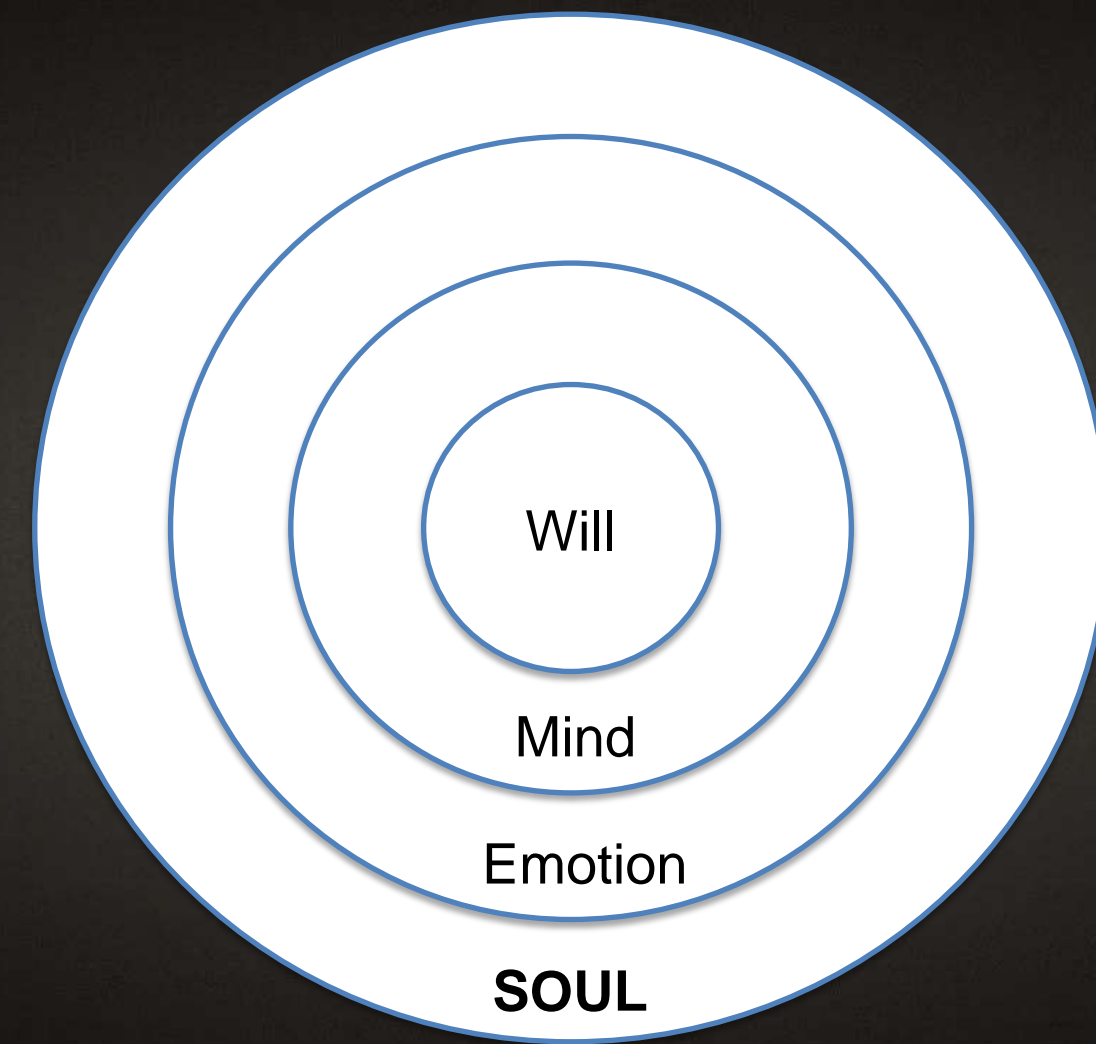
outer life
inner life





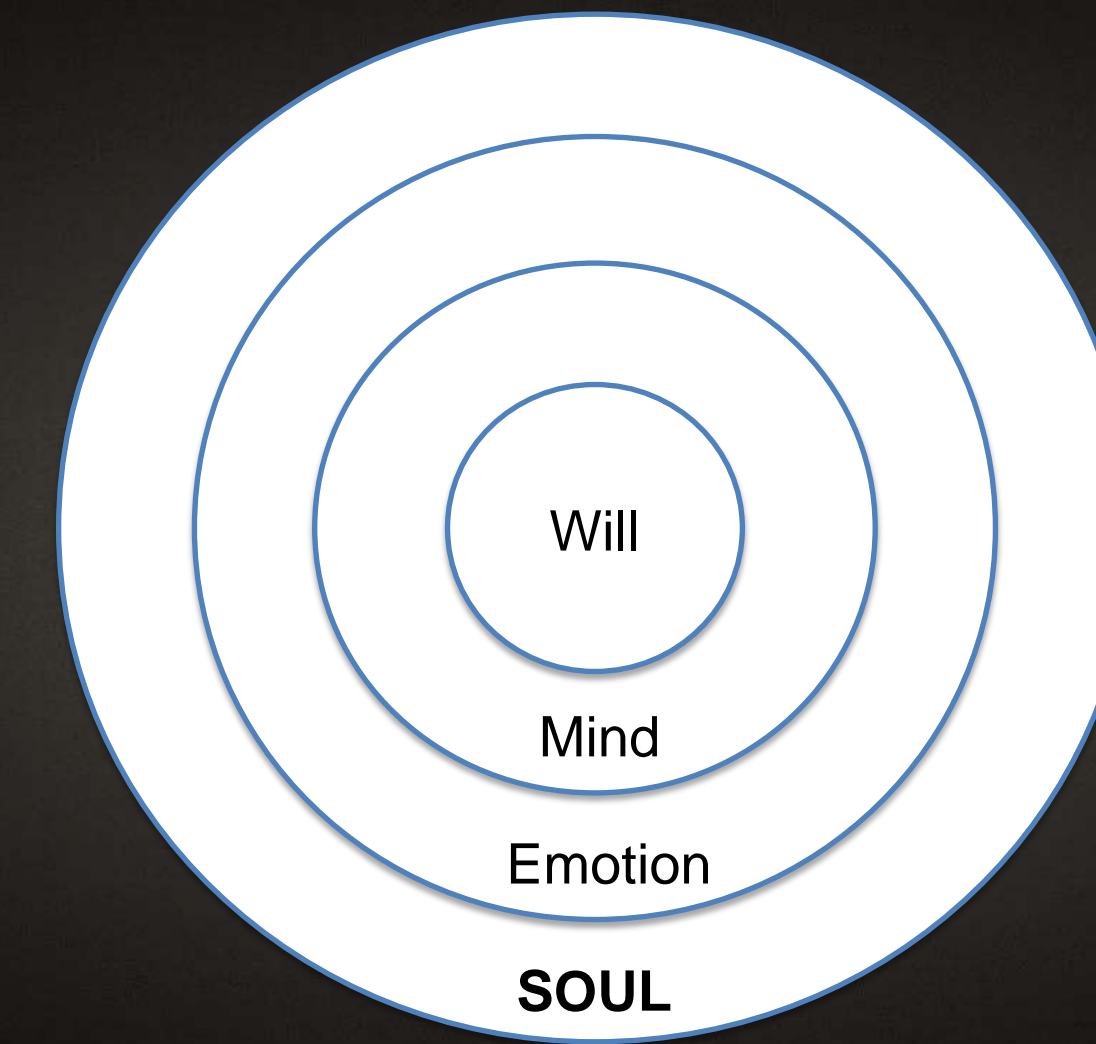
what is the soul?





the soul is:

“the inner life of a person. It is the core self that integrates every dimension of who you are: your will, your mind and your emotions into a single whole life.”



*7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a **living soul**.*

Genesis 2:7 (KJV)

We are a soul made by God, made for God, made to need God. Our soul is not meant to live apart from God. Our soul always exists before God.

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Psalm 63 (NASB)

my soul
thirsts for God
satisfied in God
hopes in God

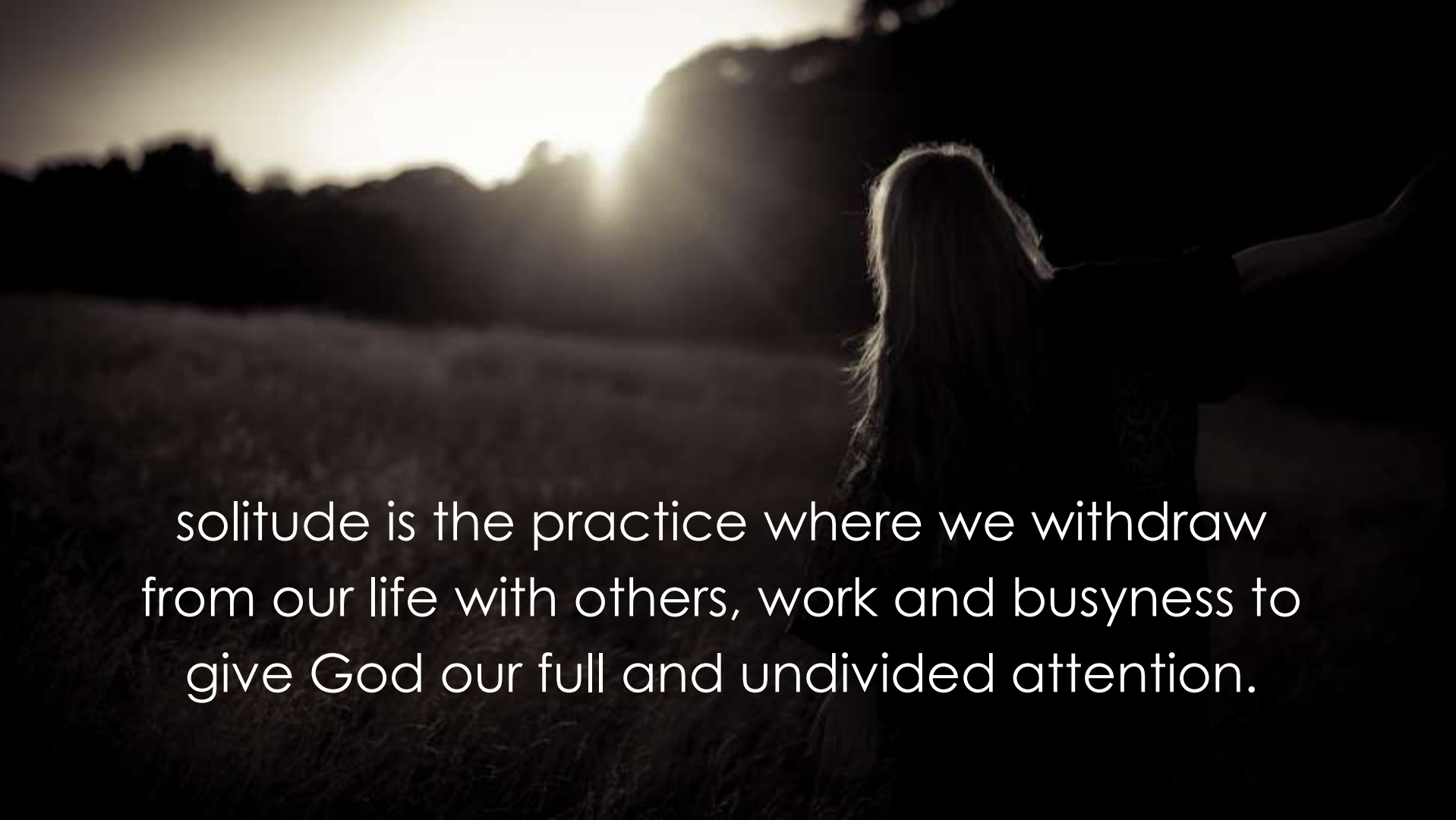
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SOLITUDE
AND SILENCE



A person with long hair stands in a field at sunset, their arms outstretched. The sun is low on the horizon, creating a warm, golden glow. The person is silhouetted against the bright light of the sun.

solitude is the practice where we withdraw from our life with others, work and busyness to give God our full and undivided attention.

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BE STILL AND SILENT IN GOD'S PRESENCE

comfortable position

breathing

express desire for God

acknowledge His presence





REFLECTION

have you experienced God's presence?

Life-giving ? Life draining?

Joys ? Grief?

Feelings? Thoughts?

Questions? Challenges?

CONNECT WITH GOD

Insight to your soul

Scripture

Read slowly.

Words and Phrases

Sit with the Word. Feel.





RECEIVE AND RETURN

Changes? Shifts?

Clarity?

Guidance?

Invitation?

Step of obedience?



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